HUMAN PULL

Stewards	Sherrie Williams (T: 0432 929 587)
Sponsors	Rio Tinto
Entry Fee	$5
Prize Money	1st $100 2nd $75 3rd $50
Other	Entry forms and fees are due to the stewards by 9am Saturday 15 August 2026. If places are available on the day, late entries are accepted until 2pm Saturday 15 August 2026. Participants must complete a waiver, physical screening form and collect wrist band at the committee office.

Conditions of Entry

1. Participants must be approved and cleared to participate. Determination will be made based on the details provided in the physical screening form.
2. Equipment, including harness and ropes will be provided.
3. Each participant to wear appropriate clothing and enclosed footwear suitable for exercise.
4. Each participant to obey all safety rules and instructions.
5. All competitors must sign a waiver.
6. Participant will indicate when they are ready to commence start, and countdown will commence (3, 2, 1). Timekeeper to keep the time.
7. Participants have 60 seconds to pull as far as possible to be measured for distance moved or to cross the line the fastest.

Open Classes

1. Female (all ages)
2. Male (all ages)